

# Pickleball Rules and Procedures



UPDATED: October 9, 2020

## YMCA Booking Procedures

Pickleball will be starting on October 19! Booking will start on October 12. There will be four people per court; partners on each side must be part of the same bubble (small group who allow close contact. See [BC Restart Plan](#) for more details).

- Pickleball is only open to members at this time.
- Members will be required to reserve a 30-minute time slot in advance. [Book online](#)
  - You must book with a partner! Your partner must be in your bubble and have a YMCA membership.
  - One person (contact person) will book the time slot. Please put the name of your bubble partner in the notes section.
  - Please check in with member services on your way in and mention your name (and the contact person's name) and that you are here for pickleball.
- Please only book one time slot per day to allow other members the opportunity to play.
- Two courts will be available from 12:30-3:30 on Mondays, Wednesdays, and Thursdays.
- You will be required to bring your own ball (one per court) and paddle
- Your group will enter from the gym doors down the hallway. When your time is over please take your paddle and ball then exit into the Youth Zone.

## Before You Play

- Arrive no more than 10 minutes before your scheduled court time. Depending on capacity in the lobby you may need to wait outside.
- Play only with family members, persons living in your household or in your bubble and individuals you believe to be low risk.
- Do not play if you or your playing partner:
  - have any symptoms including: a fever, chills, new or worsening cough, shortness of breath or difficulty breathing, sore throat, runny nose, new muscle aches or headache
  - have been directed by Public Health to self-isolate
  - have been in contact with someone with COVID-19 in the last 14 days
  - travelled outside of Canada in the past 14 days
  - are considered vulnerable or at risk
    - elderly individuals with underlying health concerns
    - immunosuppressed persons
    - individuals suffering from serious health problems like high blood pressure, pulmonary diseases, diabetes, obesity, and/or asthma

## Preparing to Play

Protect yourself and others against infection.

- Wash your hands with disinfectant soap and water for at least 20 seconds or use hand sanitizer before going on a pickleball court.

- Clean your equipment—including your paddles, ball, and water bottles—with an appropriate disinfectant.
- Do not share equipment with your playing partner or others.
- Please bring your own water bottle. Water fountains are not available, but you can refill your bottle at the refill station.
- You are always welcome to wear a mask in the facility, but it is not mandatory.
- If you cough or sneeze, do so in a tissue or in your sleeve.
- Avoid touching door handles, gates, benches, and all other objects where the virus could survive. If you touch something, make sure to wash your hands and disinfect the surface you have touched.

## While Playing

- Keep a physical distance of 2-metres from other players.
- Avoid all physical contact, for example shaking hands or tapping paddles, with other players.
- Avoid touching your face after touching a ball/paddle or hitting a stray ball to another player.
- Stay on your side of the court.
- Do not pick up stray balls from other courts; pass it back with your foot or paddle.
- Use hand sanitizer between games.

## After Playing

- Wash your hands carefully with water and disinfectant soap or use hand sanitizer.
- Leave the court immediately after you finish playing.
- Clean your equipment—including your paddles, ball, and water bottles—with an appropriate disinfectant.

## Pickleball FAQ

**Can I book more than one spot per day?** No, all members should have a fair chance to book their time on a court so please book only one 30-minute block per day.

**Do I need to have my own paddle?** Yes, the Y will not be providing paddles or balls. One person per court should bring a ball.

**Will I be able to clean my equipment?** Yes, we will have sanitizing spray available as well as sanitizing gel at the entrance and exit to the gym.

**Are we able to mix up partners and move courts?** No, please stay with your partner and remain on the same court and same side for the duration of your block.

**Do I need a membership to play?** Yes, we are opening up pickleball to our members only at this time and requiring courts to be booked in advance. [Book online](#)

**Do I need to come early?** No, you may be asked to wait outside if you arrive too early to decrease crowding in the building. You only need enough time to be able to check in and get to your court.

**Can I change in the facility?** We have limited space in our change rooms and limited locker space. We encourage you to come ready to play if possible.