

| Time | WATERPARK | | | | | HOT TUBS & STEAM ROOM | | | OLYMPIC-SIZE SWIMMING POOL | | |
|-------|--------------------------------|---------------------------|-------------------------|------------|--------------|-----------------------------|----------------------------|-------------------------|--|--|--------------------------------|
| | Wave Pool | Splash Park | Lazy River | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | Shallow | Center | Deep |
| 5:30 | | | | | | | | | POOL CONFIGURATION 50m | | |
| 6:00 | | | | | | | | | REGISTERED LANE SWIMMING (50m) 6-8:30 AM (Clubs using 4 Lanes) | | |
| 6:30 | | | | | | | | | POOL CONFIGURATION CHANGE 12m 25m 12m | | |
| 7:00 | | | | | | | | | | | |
| 7:30 | | | | | | | | | | | |
| 8:00 | | | | | | | | | | | |
| 8:30 | | | LAZY RIVER 8-10 AM | | | | | | | | |
| 9:00 | | | | | | | | | | | |
| 9:30 | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | |
| 10:30 | WAVE POOL 10 AM-NOON | SPLASH PARK 10 AM-NOON | | | | | | | | REGISTERED LANE SWIMMING (25m) 9 AM-2:30 PM | DEEP AQUA 9:05-9:50 AM |
| 11:00 | | | | | | | | | | | DEEP AQUA 10:05-10:50 AM |
| 11:30 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | CLUBS | |
| 12:30 | | | LAZY RIVER NOON-2 PM | | | | | | | | DIVING BOARDS 11 AM-2:30 PM |
| 1:00 | | | | | | | | | | | |
| 1:30 | | | | | | | | | | | |
| 2:00 | | | | | | FAMILY HOT TUB 8 AM-9 PM | ADULT HOT TUB 6 AM-9 PM | STEAM ROOM 6 AM-9 PM | | | |
| 2:30 | WAVE POOL 2-9 PM | | | | | | | | | | |
| 3:00 | | | | | | | | | | | |
| 3:30 | | | | | | | | | | | |
| 4:00 | | | | | | | | | | | |
| 4:30 | | | | | | | | | | | |
| 5:00 | SWIM LESSONS 4-7 PM | SPLASH PARK 2-9 PM | | | | | | | | | CLUBS 3:30-7 PM |
| 5:30 | | | | | | | | | | | |
| 6:00 | | | | | | | | | | | |
| 6:30 | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | |
| 7:30 | WAVE POOL 2-9 PM | | LAZY RIVER 4-9 PM | | | | | | | | |
| 8:00 | | | | | | | | | | | |
| 8:30 | | | | | | | | | | | |
| | Grey-coloured areas are CLOSED | | | | | | | | Lanes may change due to operational necessity | | |

| Time | WATERPARK | | | | | HOT TUBS & STEAM ROOM | | | OLYMPIC-SIZE SWIMMING POOL | | |
|--------------------------------|-------------------------------|---------------------------|-------------------------|-------------------------|-----------------------|--------------------------------|-------------------------------|-------------------------|---|--------------------------------|--|
| | Wave Pool | Splash Park | Lazy River | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | Shallow | Center | Deep |
| 5:30 | | | | | | | | | POOL CONFIGURATION 25m 25m | | |
| 6:00 | | | | | | | | | CLUBS 6-8:30 AM | | |
| 6:30 | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | |
| 7:30 | | | | | | | | | | | |
| 8:00 | | | | | | | | | POOL CONFIGURATION CHANGE 12m 25m 12m | | |
| 8:30 | | | LAZY RIVER 8-10 AM | | | | | | SHALLOW AQUA 9:05-9:50 AM | | |
| 9:00 | SWIM LESSONS 9-10:30 AM | | | | | | | | | | |
| 9:30 | | | | | | | | | SHALLOW AQUA 10:05-10:50 AM | | |
| 10:00 | | | | | | | | | | | |
| 10:30 | WAVE POOL 10 AM-NOON | SPLASH PARK 10 AM-NOON | | | | | | | REGISTERED LANE SWIMMING 11 AM-9 PM | | |
| 11:00 | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 12:30 | | | LAZY RIVER NOON-2 PM | | | | | | CLUBS | DIVING BOARDS 11 AM-3:30 PM | |
| 1:00 | | | | | | | | | | | |
| 1:30 | | | | | | | | | | | |
| 2:00 | | | | | | | | | | | |
| 2:30 | WAVE POOL 2-9 PM | | | | | FAMILY HOT TUB 8 AM-9 PM | ADULT HOT TUB 6 AM-9 PM | STEAM ROOM 6 AM-9 PM | REGISTERED LANE SWIMMING (25m) 9 AM-9 PM | | |
| 3:00 | | | | | | | | | | | |
| 3:30 | | | | | | | | | | | |
| 4:00 | | | | | | | | | | | REGISTERED LANE SWIMMING 3:30-5 PM |
| 4:30 | | | | | | | | | | | |
| 5:00 | SWIM LESSONS 4-7 PM | SPLASH PARK 2-9 PM | | | | | | | | | |
| 5:30 | | | | | | | | | | | |
| 6:00 | | | | | | | | | | | SWIM LESSONS 5-7 PM |
| 6:30 | | | LAZY RIVER 4-9 PM | FLOWRIDER® 4-8:30 PM | WATERSLIDES 4-8 PM | | | | SWIM LESSONS 4-7 PM | CLUBS 3:30- 7 PM | |
| 7:00 | | | | | | | | | | | |
| 7:30 | WAVE POOL 2-9 PM | | | | | | | | PRIVATE LESSONS | | CLUBS 7-8:30 |
| 8:00 | | | | | | | | | | | |
| 8:30 | | | | | | | | | | | REG. LANE SWIM |
| Grey-coloured areas are CLOSED | | | | | | | | | Lanes may change due to operational necessity | | |

| Time | WATERPARK | | | | | HOT TUBS & STEAM ROOM | | | OLYMPIC-SIZE SWIMMING POOL | | | | | | | | | | |
|-------|-------------------------------|-------------------------|----------------------|-------------------------|-----------------------|-----------------------------|----------------------------|--|--|--|-----------------------|-------------------------|-----------------------|-----------------------------|----------------------------|-------------------------|--|--|-----------------------------|
| | Wave Pool | Splash Park | Lazy River | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | Shallow | Center | Deep | | | | | | | | |
| 5:30 | Wave Pool | Splash Park | Lazy River | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | POOL CONFIGURATION 50m | | | | | | | | | | |
| 6:00 | | | | | | | | | REGISTERED LANE SWIMMING (50m) 6–8:30 AM (Clubs using 4 Lanes) | | | | | | | | | | |
| 6:30 | | | | | | | | | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | | | | | | | | | |
| 7:30 | | | | | | | | | | | | | | | | | | | |
| 8:00 | | | | | | | | | POOL CONFIGURATION CHANGE 12m 25m 12m | | | | | | | | | | |
| 8:30 | | | | | | | | | SWIM LESSONS 9–10 AM | SPLASH PARK 10 AM–NOON | LAZY RIVER 8–10 AM | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | REGISTERED LANE SWIMMING (25m) 9 AM–2:30 PM | CLUBS | DEEP AQUA 9:05–9:50 AM |
| 9:00 | | | | | | | | | | | | | | | | | | | DEEP AQUA 10:05–10:50 AM |
| 9:30 | WAVE POOL | | | | | | | | | | | | | | | | | | |
| 10:00 | GENTLE AQUA 10:35–11:30 AM | | | | | | | | | | | | | | | | | | |
| 10:30 | WAVE POOL | LAZY RIVER NOON–2 PM | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | REGISTERED LANE SWIMMING (25m) 9 AM–2:30 PM | CLUBS | DIVING BOARDS 11 AM–2:30 PM | | | | | | | | | |
| 11:00 | WAVE POOL | | | | | | | | | | | | | | | | | | |
| 11:30 | WAVE POOL | | | | | | | | | | | | | | | | | | |
| 12:00 | WAVE POOL | | | | | | | | | | | | | | | | | | |
| 12:30 | WAVE POOL 2–9 PM | SPLASH PARK 2–9 PM | LAZY RIVER 4–9 PM | FLOWRIDER® 4–8:30 PM | WATERSLIDES 4–8 PM | FAMILY HOT TUB 8 AM–9 PM | ADULT HOT TUB 6 AM–9 PM | STEAM ROOM 6 AM–9 PM | POOL CONFIGURATION CHANGE 25m 25m | | | | | | | | | | |
| 1:00 | | | | | | | | | SWIM LESSONS 4–7 PM | SPLASH PARK 2–9 PM | LAZY RIVER 4–9 PM | FLOWRIDER® 4–8:30 PM | WATERSLIDES 4–8 PM | FAMILY HOT TUB 8 AM–9 PM | ADULT HOT TUB 6 AM–9 PM | STEAM ROOM 6 AM–9 PM | CLUBS 4–8 PM | REGISTERED LANE SWIMMING (25m) 3–9 PM | |
| 1:30 | | | | | | | | | | | | | | | | | | | CLUBS 3:30–7 PM |
| 2:00 | | | | | | | | | | | | | | | | | | | |
| 2:30 | | | | | | | | | | | | | | | | | | | |
| 3:00 | | | | | | | | | | | | | | | | | | | |
| 3:30 | WAVE POOL 2–9 PM | SPLASH PARK 2–9 PM | LAZY RIVER 4–9 PM | FLOWRIDER® 4–8:30 PM | WATERSLIDES 4–8 PM | FAMILY HOT TUB 8 AM–9 PM | ADULT HOT TUB 6 AM–9 PM | STEAM ROOM 6 AM–9 PM | CLUBS 4–8 PM | REGISTERED LANE SWIMMING (25m) 3–9 PM | | | | | | | | | |
| 4:00 | | | | | | | | | | | CLUBS 3:30–7 PM | | | | | | | | |
| 4:30 | | | | | | | | | | | | | | | | | | | |
| 5:00 | | | | | | | | | | | | | | | | | | | |
| 5:30 | | | | | | | | | | | | | | | | | | | |
| 5:30 | SWIM LESSONS 4–7 PM | SPLASH PARK 2–9 PM | LAZY RIVER 4–9 PM | FLOWRIDER® 4–8:30 PM | WATERSLIDES 4–8 PM | FAMILY HOT TUB 8 AM–9 PM | ADULT HOT TUB 6 AM–9 PM | STEAM ROOM 6 AM–9 PM | CLUBS 4–8 PM | REGISTERED LANE SWIMMING (25m) 3–9 PM | | | | | | | | | |
| 6:00 | | | | | | | | | | | CLUBS 3:30–7 PM | | | | | | | | |
| 6:30 | | | | | | | | | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | | | | | | | | | |
| 7:30 | WAVE POOL 2–9 PM | SPLASH PARK 2–9 PM | LAZY RIVER 4–9 PM | FLOWRIDER® 4–8:30 PM | WATERSLIDES 4–8 PM | FAMILY HOT TUB 8 AM–9 PM | ADULT HOT TUB 6 AM–9 PM | STEAM ROOM 6 AM–9 PM | CLUBS 4–8 PM | REGISTERED LANE SWIMMING (25m) 3–9 PM | | | | | | | | | |
| 7:30 | | | | | | | | | | | CLUBS 3:30–7 PM | | | | | | | | |
| 8:00 | | | | | | | | | | | | | | | | | | | |
| 8:30 | | | | | | | | | | | | | | | | | | | |

Grey-coloured areas are CLOSED

Lanes may change due to operational necessity

| Time | WATERPARK | | | | | HOT TUBS & STEAM ROOM | | | OLYMPIC-SIZE SWIMMING POOL | | |
|--------------------------------|-----------------------------------|-----------------------|----------------------|-------------------------|-----------------------|-----------------------------|----------------------------|-------------------------|--|--|---------------------------|
| | Wave Pool | Splash Park | Lazy River | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | Shallow | Center | Deep |
| 5:30 | Grey | Grey | Grey | Grey | Grey | Grey | Grey | Grey | POOL CONFIGURATION 50m | | |
| 6:00 | | | | | | | | | REGISTERED LANE SWIMMING (50m) 6-8:30 AM (Clubs using 2-6 Lanes) | | |
| 6:30 | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | |
| 7:30 | | | | | | | | | | | |
| 8:00 | | | | | | | | | POOL CONFIGURATION CHANGE 12m 25m 12m | | |
| 8:30 | | | | | | | | | LAZY RIVER 8-10 AM | REGISTERED LANE SWIMMING (25m) 9 AM-2:30 PM | REG. LANE SWIM 9-10 AM |
| 9:00 | | | | | | | | | WAVE POOL 10 AM-NOON | | |
| 9:30 | | | | | | | | | | | |
| 10:00 | POOL CONFIGURATION CHANGE 25m 25m | | | | | | | | | | |
| 10:30 | WAVE POOL 2-9 PM | SPLASH PARK 2-9 PM | LAZY RIVER 4-9 PM | FLOWRIDER® 4-8:30 PM | WATERSLIDES 4-8 PM | FAMILY HOT TUB 8 AM-9 PM | ADULT HOT TUB 6 AM-9 PM | STEAM ROOM 6 AM-9 PM | CLUBS 4-8 PM | REGISTERED LANE SWIMMING (25m) 3-9 PM | CLUBS 3:30-7 PM |
| 11:00 | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 12:30 | | | | | | | | | | | |
| 1:00 | | | | | | | | | | | |
| 1:30 | | | | | | | | | | | |
| 2:00 | | | | | | | | | | | |
| 2:30 | Grey | | | | | | | | | | |
| 3:00 | Grey | | | | | | | | | | |
| 3:30 | Grey | | | | | | | | | | |
| 4:00 | Grey | | | | | | | | | | |
| 4:30 | Grey | | | | | | | | | | |
| 5:00 | Grey | | | | | | | | | | |
| 5:30 | Grey | | | | | | | | | | |
| 6:00 | Grey | | | | | | | | | | |
| 6:30 | Grey | | | | | | | | | | |
| 7:00 | Grey | | | | | | | | | | |
| 7:30 | Grey | | | | | | | | | | |
| 8:00 | Grey | | | | | | | | | | |
| 8:30 | Grey | | | | | | | | | | |
| Grey-coloured areas are CLOSED | | | | | | | | | Lanes may change due to operational necessity | | |

| | WATERPARK | | | | | HOT TUBS & STEAM ROOM | | | OLYMPIC-SIZE SWIMMING POOL | | | |
|-------|--------------------------------|--------------------------|-------------------------|------------|--------------|---------------------------------------|-------------------------------|-------------------------|---|--|------|--|
| Time | Wave Pool | Splash Park | Lazy River | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | Shallow | Center | Deep | |
| 5:30 | | | | | | | | | POOL CONFIGURATION 50m | | | |
| 6:00 | | | | | | CLUBS 6-9 AM | | | CLUBS 6-8:30 AM | | | |
| 6:30 | | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | | |
| 7:30 | | | | | | | | | | | | |
| 8:00 | | | | | | POOL CONFIGURATION CHANGE 12m 25m 12m | | | | | | |
| 8:30 | | | | | | | | | | | | |
| 9:00 | SWIM LESSONS 8:30-NOON | | | | | | | | SWIM LESSONS 9 AM-NOON | | | |
| 9:30 | | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | | |
| 10:30 | | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | | |
| 12:30 | | | | | | | | | | | | |
| 1:00 | WAVE POOL 9 AM-8 PM | SPLASH PARK 9 AM-8 PM | LAZY RIVER 9 AM-8 PM | | | FAMILY HOT TUB 9 AM-8 PM | ADULT HOT TUB 9 AM-8 PM | STEAM ROOM 9 AM-8 PM | | REGISTERED LANE SWIMMING (25m) 9 AM-8 PM | | |
| 1:30 | | | | | | | | | | | | |
| 2:00 | | | | | | | | | | | | |
| 2:30 | | | | | | | | | | | | |
| 3:00 | | | | | | | | | | | | |
| 3:30 | | | | | | | | | | | | |
| 4:00 | | | | | | | | | | | | |
| 4:30 | | | | | | | | | | | | |
| 5:00 | | | | | | | | | | | | |
| 5:30 | | | | | | | | | | | | |
| 6:00 | | | | | | | | | | | | |
| 6:30 | | | | | | | | | | | | |
| 7:00 | | | | | | | | | | | | |
| 7:30 | | | | | | | | | | | | |
| | Grey-coloured areas are CLOSED | | | | | | | | Lanes may change due to operational necessity | | | |

| Time | WATERPARK | | | | | HOT TUBS & STEAM ROOM | | | OLYMPIC-SIZE SWIMMING POOL | | |
|-------|--------------------------------|-----------------------------|----------------------------|----------------------------|--------------------------|-----------------------------------|-------------------------------|-------------------------|---|---|----------------------------|
| | Wave Pool | Splash Park | Lazy River | FlowRider® | Water Slides | Family Hot Tub | Adult Hot Tub | Steam Room | Shallow | Center | Deep |
| 7:30 | | | | | | | | | POOL CONFIGURATION 50m | | |
| 8:00 | | | | | | | | | CLUBS 8-9:30 AM | | |
| 8:30 | SWIM LESSONS 8:30-NOON | | | | | | | | POOL CONFIGURATION CHANGE 12m 25m 12m | | |
| 9:00 | | | | | | | | | | | |
| 9:30 | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | |
| 10:30 | | | | | | | | | SWIM LESSONS 10 AM-12:30 PM | | SWIM LESSONS 10 AM-NOON |
| 11:00 | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | |
| 12:00 | | | | | | | | | | | |
| 12:30 | | | | | | | | | | | |
| 1:00 | WAVE POOL 9 AM-8 PM | SPLASH PARK 9:30 AM-8 PM | LAZY RIVER 9:30 AM-8 PM | FLOWRIDER® NOON-7:30 PM | WATERSLIDES NOON-7 PM | FAMILY HOT TUB 9:30 AM-8 PM | ADULT HOT TUB 8 AM-8 PM | STEAM ROOM 8 AM-8 PM | SWIM LESSONS & Lifeguard Certification Courses 10 AM-8 PM | REGISTERED LANE SWIMMING (25m) 10 AM-8 PM | DIVING BOARDS NOON-4 PM |
| 1:30 | | | | | | | | | | | |
| 2:00 | | | | | | | | | | | |
| 2:30 | | | | | | | | | | | |
| 3:00 | | | | | | | | | | | |
| 3:30 | | | | | | | | | | | |
| 4:00 | | | | | | | | | | | |
| 4:30 | | | | | | | | | | | |
| 5:00 | | | | | | | | | | | |
| 5:30 | | | | | | | | | | | |
| 6:00 | | | | | | | | | | | |
| 6:30 | | | CLUBS 4-8 PM | | | | | | | | |
| 7:00 | | | | | | | | | | | |
| 7:30 | | | | | | | | | | | |
| | Grey-coloured areas are CLOSED | | | | | | | | Lanes may change due to operational necessity | | |