




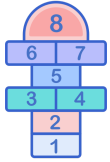




# Spring 2022 Jr. Gym and Swim 3-5

Wednesday | 1:00-3:00 | H20

Session Registration Required

Date	Activity
Week 1 April 27th	<b>Follow the Leader</b> <i>Welcome to the first week of Jr. Gym and Swim! We will be playing some fun follow the leader games!</i> 
Week 2 May 4th	<b>Jump! Jump! Jump!</b> <i>Who can jump the highest?</i> 
Week 3 May 11th	<b>Loco Moco</b> <i>Let's get creative and play some running games!</i> 
Week 4 May 18th	<b>Down For The Count</b> <i>Who's ready to use their bodies to practice counting?</i> 
Week 5 May 25th	<b>Parachute Paradise</b> <i>What better way to celebrate a nice day than going outside and playing parachute games!</i> 
Week 6 June 1st	<b>Outdoor Motions</b> <i>This week we will be heading outside for some fun-filled classic outdoor activities!</i> 
Week 7 June 8th	<b>Noodles Galore</b> <i>Get out your pool noodles and sunscreen! This week we will be heading outside and playing with noodles!</i> 
Week 8 June 15th	<b>Ultimate Obstacle Course!</b> <i>To finish our program, we are creating the ultimate obstacle course! Will you be the first to get through?</i> 

## Parent/Guardian Info:

- **Please bring your child ready to swim with their bathing suit on under their clothes!**
- Please pack your child a water bottle and a healthy nut-free snack.
- Parents/Guardians picking up will need to bring government issued I.D.
- Our online medical form (ePACT) must be filled out before participating.
- This is a life jacket program! We will supply these, so please don't bring your own!